

Body treatments

BESPOKE DEEP TISSUE BACK MASSAGE £40

Using selected aromatic oils, your therapist will massage tension areas of the back, neck and shoulders. **Duration 25 minutes.**

BESPOKE DEEP TISSUE BODY MASSAGE £70

Your therapist will select an aromatic oil according to your concerns, whether it's for muscle pain or the need for stress relief, relaxation or emotional balance. The flowing massage works deeper and deeper into the tension, encouraging optimum circulation. **Duration 55 minutes.**

HOT MINERAL BODY BOOST MASSAGE £70

This unique full-body massage treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Includes a restorative facial massage. **Duration 55 minutes.**

GARDEN OF ENGLAND ROSE RESTORE MASSAGE £70

A lavishly hydrating body massage. A unique trio of rose, camelina and poppy seed oils leaves the skin moisturised, intensely supple and delicately scented. **Duration 55 minutes.**

HOT STONE MASSAGE £85

Hot Balinese stones bathed in the frangipani monoi body oil are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy with the bonus of intensely hydrated skin. **Duration 1 hour.**

Please arrive 15 minutes prior to your treatment

PEACEFUL PREGNANCY MASSAGE £80

A gentle, nurturing specially formulated full-body massage for mothers-to-be that deeply relaxes. Also includes a relaxing facial and scalp massage. **Duration 1 hour.**

BODY NECTAR NOURISHING FRANGIPANI WRAP £65

The velvety texture of the monoi oil offers super hydration for a thirsty skin. You are kept cocooned and warm while the balancing aromatic and skin conditioning oils do their work. **Duration 55 minutes.**

INTENSELY CLEANSING SALT SCRUB £45

Lime and ginger, frangipani or samphire and lavender scrubs. Fragranced salt will slough away dead skin cells, encouraging the regeneration of new cells and leaving the skin ready to absorb the deeply nourishing body oils. **Duration 30 minutes.**

Combined face & body treatments

COUTURE TOUCH £75

Combining a bespoke deep tissue back massage with a hands-on prescriptive Elemis facial. **Duration 55 minutes.**

TOTAL ESCAPE

Combining a bespoke deep tissue full-body massage and a prescriptive Elemis facial. **Duration 1 Hour 50 minutes.** £120

Combining a bespoke deep tissue full-body massage and a BIOTEC facial. **Duration 1 Hour 50 minutes.** £135

Face touch

The hands of a highly trained Elemis therapist are profoundly effective anti-aging tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

PRO-DEFINITION LIFT AND CONTOUR £70

This facial restores the architecture of your face with potent plant actives, which help to strengthen and support the extra-cellular matrix. For a profoundly sculpted, youthful effect. Includes a targeted jowl mask to lift and firm.

Duration 55 minutes.

DYNAMIC RESURFACING PRECISION PEEL £70

This precision treatment targets the signs of ageing, congestion and uneven skin tone, using layers of enzymes for powerful exfoliation and renewal. **Duration 55 minutes.**

PRO-COLLAGEN AGE DEFY £70

Tackles dehydration, fine lines and wrinkles with the age-defying benefits of marine-charged padina pavonica and red coral, whilst a targeted massage encourages optimum cellular function for nourished, younger looking skin.

Duration 55 minutes.

SUPERFOOD PRO-RADIANCE £70

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives, leaving skin plump, radiant and bright.

Duration 55 minutes.

HIGH PERFORMANCE SKIN ENERGISER FOR MEN £70

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

Duration 55 minutes.

ELEMIS EXPRESS PRESCRIPTIVE FACIAL £40

This introductory facial provides a quick and instant pick-me-up, leaving your skin refreshed and nourished. **Duration 25 minutes.**

Please arrive 15 minutes prior to your treatment

Elemis face technology

The pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. The results giving a visibly healthy and energised skin.

BIOTEC LINE ERASER £80

Targets wrinkles and energises the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating facial treatment that effectively irons out wrinkles and fills out lines. **Duration 1 hour.**

BIOTEC FIRM A LIFT £80

With this ground-breaking blend of massage and sculpting microcurrent technology, skin is visibly strengthened for a contoured complexion that is remarkably lifted. **Duration 1 hour.**

BIOTEC SKIN RESURFACER £80

This facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel and light therapy deliver a smoother-than-ever complexion. **Duration 1 hour.**

BIOTEC RADIANCE RENEW £80

This cellular boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, whilst the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin. **Duration 1 hour.**

BIOTEC SENSITIVE SKIN SOOTHER £80

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while blue light therapy and calming antioxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

Duration 1 hour.

BIOTEC SUPER CHARGER FOR MEN £80

The facial to de-stress, de-age and de-fatigue the male complexion. Ultrasonic peeling and galvanic current deliver a deep clean.

Duration 1 hour.

BIOTEC BLEMISH CONTROL £80

A deeply cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration and galvanic currents thoroughly decongest and exfoliate. Powerful antioxidants soothe, while light therapy helps clear the complexion.

Duration 1 hour.

Biotec add-on treatments

BIOTEC EYE TREATMENT £35

Gently stimulates and tightens the delicate eye area without disturbing fragile skin.

Duration 30 minutes.

BIOTEC NECK TREATMENT £35

Microcurrent reminds the muscle to firm up whilst the arjuna-infused jowl and chin mask lifts and tightens for super contouring.

Duration 30 minutes.

Please arrive 15 minutes prior to your treatment